



NEWS

New Member

The Nagano Prefecture Intercultural Consultation Center opened in October 2019, and accepts consultations from foreign residents in Nagano.

We would like to introduce a new Vietnamese counselor that has joined us.



Ha Thi Phuong Uyen

Hello. I am Ha Thi Phuong Uyen, from Vietnam. When I first came to Japan, there were so many things that I didn't know so I understand how hard it feels to live in a foreign country. That's why I want to help Vietnamese people who need support in their daily lives. Please feel free to contact us and we will do what we can to help.

NEWS

Multilingual Communication

The Nagano Prefecture Intercultural Consultation Center communicate in multilanguages via social media.

Facebook accounts



Japanese
にほんご



Tagalog



Portuguese
Português



Thai
แบบไทย



Vietnamese
Tiếng Việt



Indonesian
Bahasa Indonesia



LINE call



WeChat
(Chinese)



Helpline for Anyone



Yorisoi Hotline accepts consultations about residency status, visas, living and working in Japan, or anything else if you need assistance. This service is available in 10 languages, free of charge. Your personal information will be confidential.

Toll-Free Number: 0120-279-338

Please see the website for language service, open hours, etc.



Facebook page

Wearing a Mask is an Individual's Decision

In principle, wearing a mask as a COVID-19 measure is an individual's decision from March 13. However, we ask you to wear a mask in the following situations:

- When seeing doctors, and visiting hospitals, elderly facilities, etc.
- When riding crowded trains and buses during rush hour
- When those who have risks of serious conditions (the elderly, those who have underlying conditions, pregnant women) go to crowded places



Enrollment in Japanese Schools

Children who wish to enroll in a public, elementary, or junior high school may attend school free of charge. On the Ministry of Education, Culture, Sports, Science, and Technology's (MEXT) website, the Guidebook for Starting School and videos introducing school life in Japan is available.



外国人児童生徒のための
就学ガイドブック

[Guidebook]



English, Chinese, Korean,
Portuguese, Spanish,
Tagalog, Ukraine,
Vietnamese

[Videos]

はじめまして！
今日からともだち



おしえて！
日本の小学校



Burmese, Chinese,
English, Indonesian,
Japanese, Korean, Khmer,
Mongolian, Nepali,
Portuguese, Spanish,
Tagalog, Thai, Ukraine,
Vietnamese

Please call the Nagano Prefecture Intercultural Consultation Center if you need assistance. Free consultation is available in 15 languages. ☎ 026-219-3068 / 080-4454-1899
Website: <https://www.naganoken-tabunka-center.jp/>

